

How Family Reading Supports Children's Learning

Emotional Development

Reading to children exposes them to various stories. Through engaged reading, children learn how to empathize and understand the characters' emotions.



"By witnessing the interactions between the characters in the books you read, as well as the contact with you during story time, your child is gaining valuable communication skills."

blog.earlymoments.com

-Communication Skills-

Language Development

Reading to children improves their speaking skills and understanding of language. Consistently reading aloud introduces them to new words and helps them learn through exposure. Children actively engaged in the reading process grow their individual vocabulary and begin developing an understanding of basic grammar.

"While children are reading or listening to stories, they are thinking."

empoweredparents.co

-Critical Thinking Skills-

Cognitive Development

Reading to children can enhance their thinking and reasoning skills. They can grasp concepts better and understand things more effectively.

"Along with reading comprehension comes a stronger self-discipline, longer attention span, and better memory retention..."

blog.earlymoments.com

-Enhanced Focus Skills-



Concentration Development

When children listen to stories being read, it enhances their ability to concentrate on what they are hearing. Actively listening to stories can engage them, resulting in a more extended attention span.

"Kids who hear more vocabulary words are going to be better prepared to see those words in print when they enter school.... Even kids who are read only one book a day will hear about 290,000 more words by age 5 than those who don't regularly read books with a parent or caregiver."

sciencedaily.com

"Early reading with your child is a true one-on-one opportunity for children to communicate with their parents and parents to communicate with their children."

"It allows children to grow their vocabulary skills with exposure to new words and listening skills they develop from hearing someone read to them that become vital to their academic success."

all4kids.org

Developing Your Child's Literacy through Reading

- Use new words in daily conversations with your child
- Give your child time to understand new vocabulary
- Point out similar words you come across while reading
- Name the objects illustrated in the book pages as you read
- Sing a new song

- Engage in conversations with your child, ask questions, and make comments
- Encourage your child to repeat after you
- Allow your child to tell you a story and explain their ideas
- Read with passion, be interesting and playful
- Make reading a regular activity

Recommended Approaches for Choosing Children's Books

Emotional Wellbeing:

Grow Happy by Sage Foster and Jon Lasser

Rain Boy by Dylan Glynn

Fill a Bucket by Carol McCloud and Katherine Martin

Cultural Fluency:

All Are Welcome by Alexandra Penfold

I am Whole by Shola Oz

Skin Like Mine by Latashia M. Perry

Problem Solving:

I Choose To Try Again by Elizabeth Estrada

Not Enough Lollipops by Megan Mayno

Mindfulness/Wellness:

I am Peace by Susan Verde

The Color Monster by Anna Llenas

Calm Down Time by Elizabeth Verdick

Advocacy:

Dandi McLion Has Her Say by Patrice McLaurin

Speak Up by Miranda Paul

Stand In My Shoes by Bob Sornson