



# COACHELLA



## Coaches Coaching Coaches

-  **REWIND**
-  **REWIRE**
-  **READ**
-  **REWARD**
-  **RESOURCES**



**NEW**

**COACHES**  
**CLOSE-UP!**



# REWIND



Trauma-informed care, behavioral economics, and executive function....

**PULLING IT ALL TOGETHER!**

## 6 STEPS

OF FAMILY-CENTERED COACHING

- PREPARE FOR THE MEETING
- BUILD THE RELATIONSHIP
- FOCUS OUR WORK
- ASSESS WHAT ROLE TO PLAY
- PLAN-DO-REVIEW
- PLAN FOR SUPPORT AND ACCOUNTABILITY

**NEXT**



**READ MORE**



**FCC TOOLKIT:**  
**PGS 39-53**

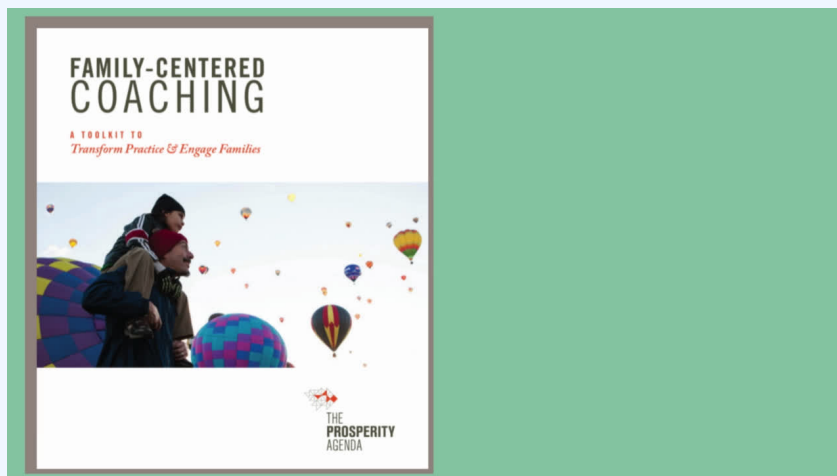


# Listen to Coach Ashley Strozier's Testimony!



**[Link to Video](#)** 

**View the presentation from our in-person mixer: "FCC Over the Years"**



 **[Link to Video](#)**

# COACHES CLOSE-UP

## Coaching Takes Care



Read our interview with Coach Ashley Strozier about the realities of coaching, the toll it can take on us coaches and our families, and what you can do to prioritize YOU.



# REWIRE YOUR BRAIN!

*“We live, lead, and experience life not from outside in, but from the inside out.”*



IMPROVING OUR NEUROPLASTICITY | DR. KELLY LAMBERT | TEDXBERMUDA



REWIRE YOUR BRAIN



NEUROPLASTICITY



Watch on YouTube

Watch on YouTube

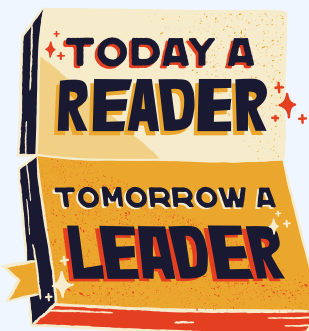
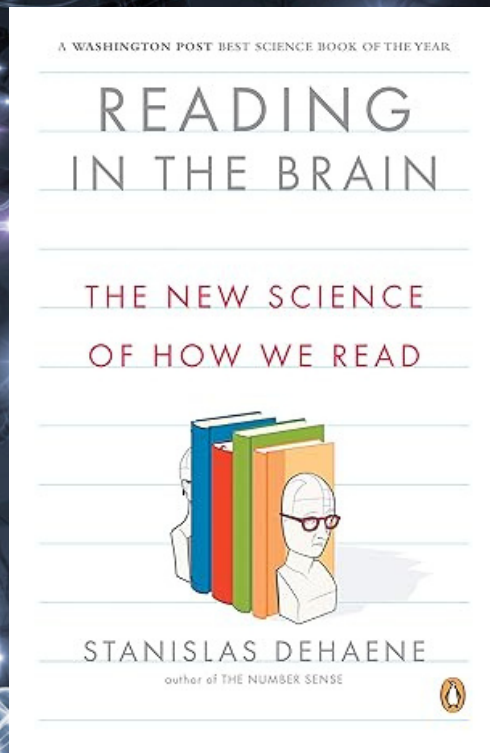


# READ



The act of reading is so easily taken for granted that we forget what an astounding feat it is. How can a few black marks on white paper evoke an entire universe of meanings? It's even more amazing when we consider that we read using a primate brain that evolved to serve an entirely different purpose.

In this riveting investigation, Stanislas Dehaene, author of "How We Learn", explores every aspect of this human invention, from its origins to its neural underpinnings. A world authority on the subject, Dehaene reveals the hidden logic of spelling, describes pioneering research on how we process languages and takes us into a new appreciation of the brain and its wondrous capacity to adapt.



**FORMING GOOD HABITS EARLY**





# REWARD

## YOUR BRAIN WITH JOY!

### The BIG JOY challenge

MISSION:  
**JOY**

7 MINUTES x 7 DAYS  
to create more JOY in  
your life



**YOU'RE INVITED**  
be a part of the world's largest ever  
Citizen Science project on JOY



Scan for More Joy

PRELIMINARY RESULTS:  
BIG JOY PARTICIPANTS  
25.59% HAPPIER

[MissionJoy.org/BIGJOY](http://MissionJoy.org/BIGJOY)



### NPR'S JOY GENERATOR



### HACKING YOUR BRAIN'S REWARD SYSTEM



### HOW THE BRAIN GETS ATTACHED



### BRAIN'S REWARD SYSTEM



# Have someone you would like to invite to our PLC?

## PROFESSIONALS WANTED!


Hosted by the Flint & Genesee Literacy Network, Family-Centered Coaching (FCC) Professional Learning Community is a virtual cohort of professionals who support each other in learning and practicing the Family-Centered Coaching framework.

FCC is a holistic, integrated, fluid, and participatory framework that consists of tools, tips, and strategies for working with families in poverty. FCC recognizes that each individual brings their own unique goals, strengths, and experiences to the larger system with their own unique goals, strengths, and experiences.

FCC is a client-centered, coaching framework that provides the foundation of evidence-based practices that support professionals to collaborate with their clients as equal partners to achieve goals and improve the lives of their clients.

### FAMILY-CENTERED COACHING FIT FOR YOUR ORGANIZATION

- Increased Equity and Inclusion
- Trauma-Informed Solutions
- Improved Client Relations

 (810) 232-2526

 flintandgenesee@literacy.net

## WOULD YOU LIKE TO BE A PART OF OUR PROFESSIONAL LEARNING COMMUNITY?



### AS A PART OF THIS COMMUNITY, YOU WILL:

- Participate in bi-monthly Coaches' Sessions
- Receive bi-monthly newsletters
- Participate in relevant professional development
- Enhance your knowledge of the FCC framework
- Gain access to a supportive network of fellow coaches and professionals
- Support the community by sharing your own experience, expertise, and resources

REGISTER TODAY!

(810) 232-2526

  
FLINT & GENESEE  
Literacy Network

[www.flintliteracynetwork.org](http://www.flintliteracynetwork.org)

[flintandgenesee@literacy.net](mailto:flintandgenesee@literacy.net)



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# RESOURCES



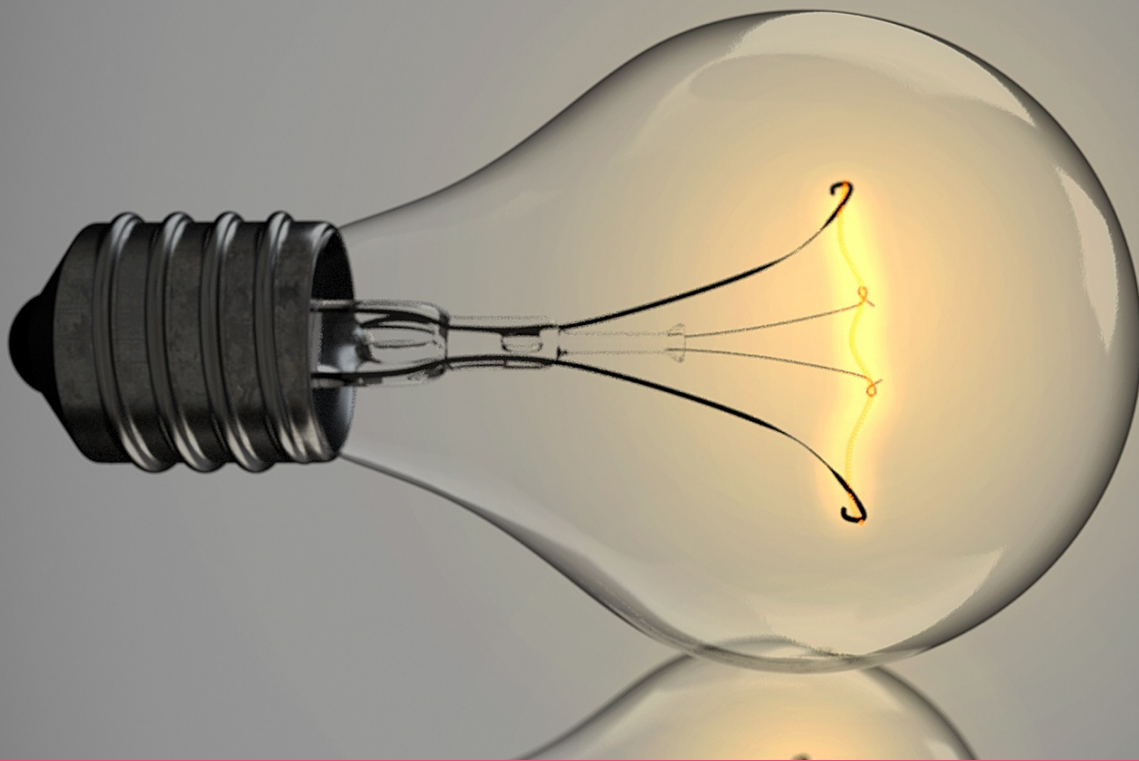
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## RESOURCE GUIDES:

[FCC TOOLKIT](#)

[FGLN FCC SELF-CARE GUIDES](#)

[FCC MENTAL HEALTH RESOURCE GUIDE](#)

# Family-Centered Coaching

COACHES'  
SESSION

@ 12:30 PM

1ST  
THURSDAY OF  
EVERY OTHER  
MONTH

Professional Learning Community



**Family-Centered Coaching**

A Flint & Genesee Literacy Network Collaboration



FCC PLC  
COACHES' SESSION

FAMILY-CENTERED COACHING



**HOME**

Click to

Register



REGISTER TO JOIN US FOR  
OUR NEXT PLC MEETING, DEC. 7!



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Toolkit



**Family-Centered  
Coaching**

**Toolkit**



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Print Copy.



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# THANK YOU TO OUR PARTNERS!

