



COACHELLA

Coaches Coaching Coaches

RELIVE

REQUIRED

REVAMP

RELATIVE

RESOURCES





RELIVE

- Last Coaches' Session, Heidi Knizacky & Matthew Clark taught us about motivational interviewing.



- **Motivational Interviewing**



Check out more at apprecots.com



APPRECOTS
APPLIED RESEARCH CONSULTANTS



[Using MI to Assess Your Client's Readiness for Change](#)



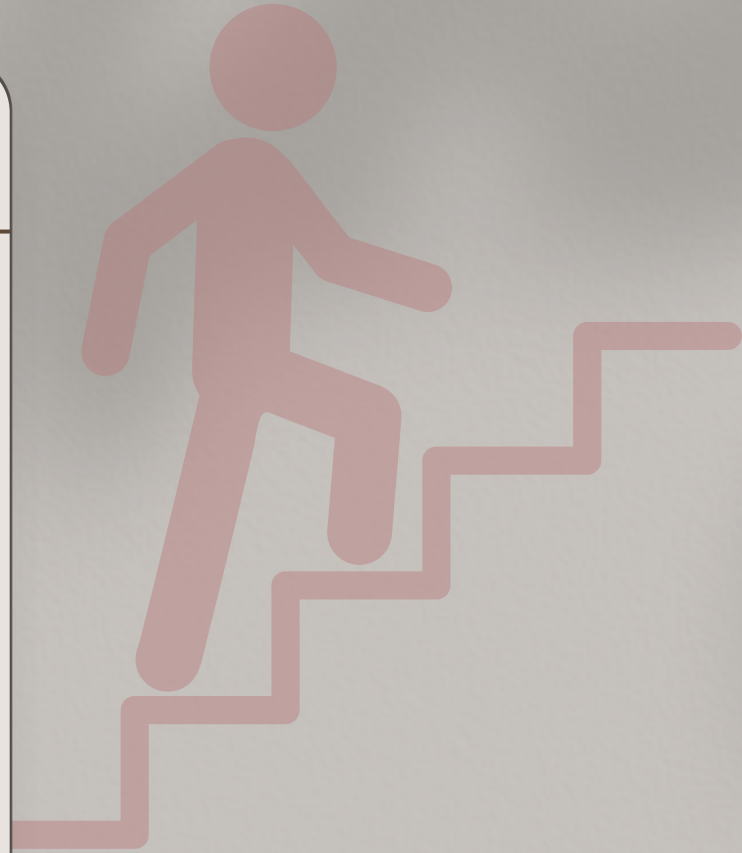


REQUIRED

- See pages 26-29 of your
FCC Toolkit



Coaching in a Compliant Setting



Coaching for Change



Techniques and Tools for Coaching



Coaching the Low-Compliance Client



REVAMP

Goal Setting



Why the Secret to Success is Setting the Right Goals



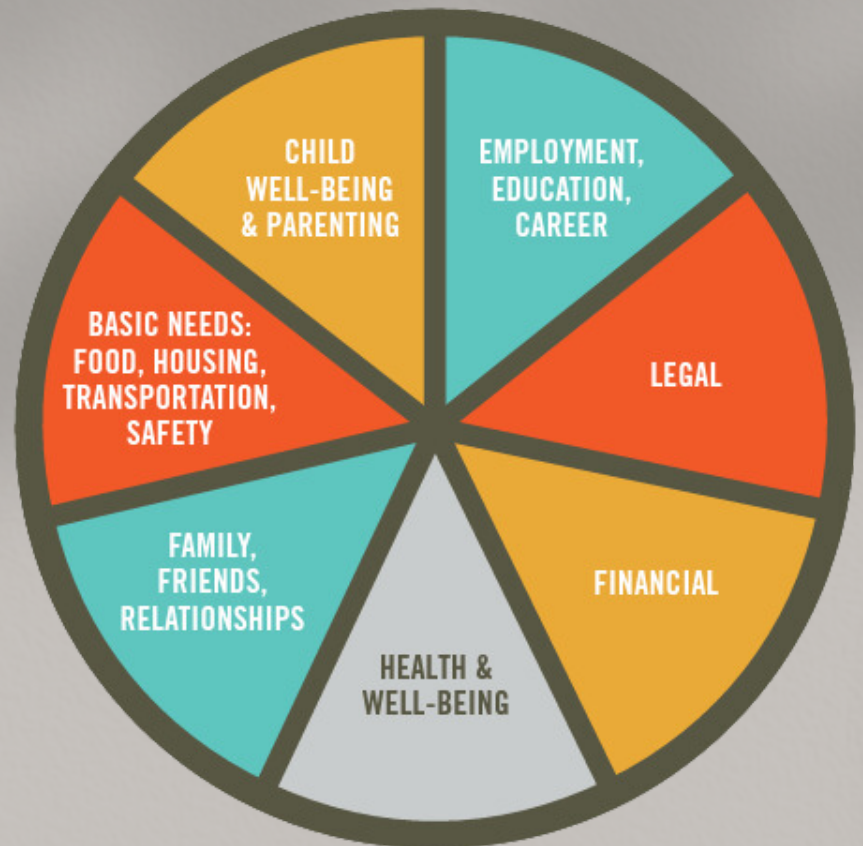
The Power of Written Goals





RELATIVE

Wheel of Life



The Wheel of Life helps coaches assess the strengths and weaknesses in a client's life. This helps hone in on setting goals in specific areas for growth.

➔ [FCC full Wheel of Life toolset](#)



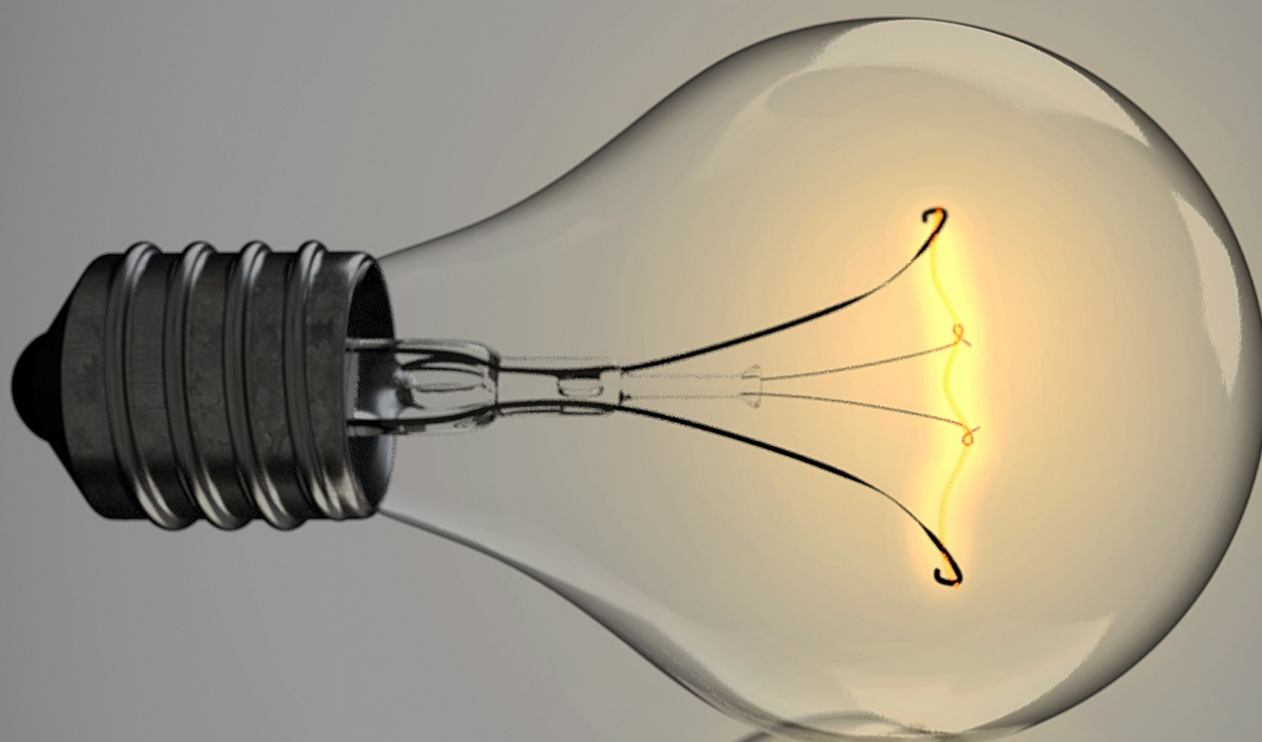
RESOURCES



[WEBSITE](#)



[FACEBOOK](#)

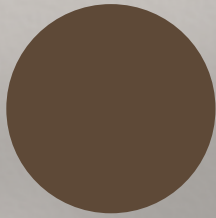


RESOURCE GUIDES:

[FGLN FCC SELF-CARE GUIDES](#)

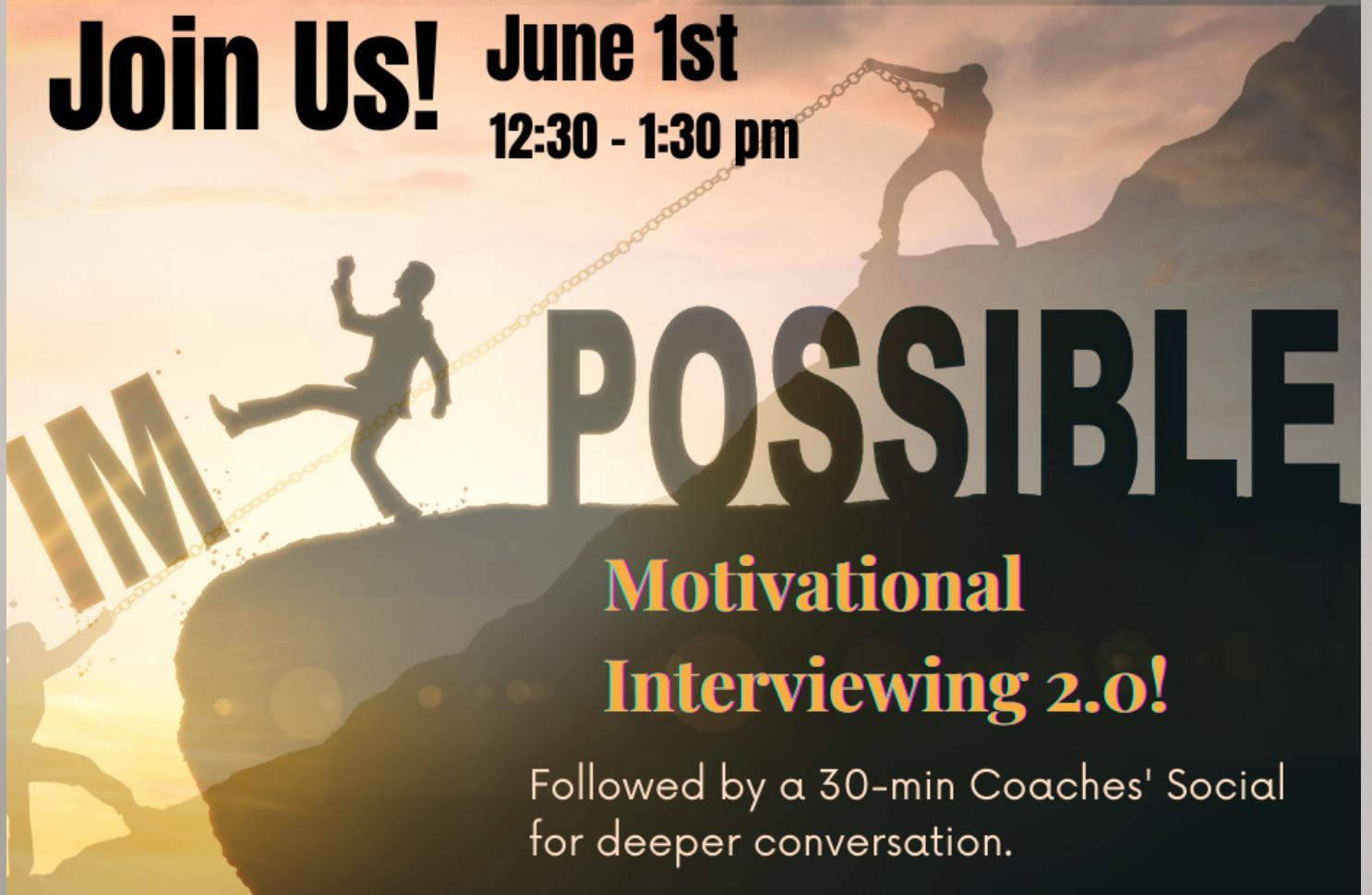
[FCC COMMUNITY RESOURCE GUIDE](#)

[2022 FGLN BACK-TO-SCHOOL RESOURCE GUIDE](#)



Family-Centered Coaching

Join Us! **June 1st**
12:30 - 1:30 pm



IMPOSSIBLE

**Motivational
Interviewing 2.0!**

Followed by a 30-min Coaches' Social
for deeper conversation.





**REGISTER TO JOIN US FOR OUR NEXT PLC
MEETING, APR. 6TH!**

CLICK OR SCAN!



SIGN -UP FOR A PRINTED COPY?

CLICK OR SCAN!



THANK YOU TO OUR PARTNERS!

