



Coachella: Coaches Coaching Coaches

REVIVE

RENEW

REDISCOVER

RESILIENCE



Look out for this sign to cue a toolkit moment!

The FCC Toolkit

This month we will cover the Introduction and **Section 1: Building a Family-Focused Mindset.** (pages 1-18)



RENEW

Your comittment to FCC!

Use these Powerful Questions to help you be the best you for the new year!



Read: Pages 1- 11

Join Us!

REVIVE

Your Self-Love & Your Soul!

WHAT ARE YOU GRATEFUL FOR?

Next Coaches' Session!

**February 2nd, 2023
12:30-1:30 pm**

After the Session!

A 30-min Coaches' Social to engage in further discussion!

Chair's Corner



Read exclusive interviews with FCC leadership members!

REDISCOVER

WHAT IT MEANS TO BE A COACH!

With 2 PLC-created articles!



Coaching Vs. Case Management



Family-Centered Goal Setting







Read: Pages 12 - 18

RESILIENCE

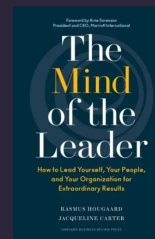
Building Muscles

A big part of achieving our goals is building enough resiliency to overcome our trauma and other barriers. Help clients build resiliency with these coaching tools and practices!

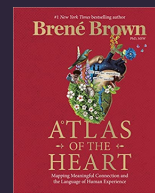
-  Fluidity of Approach
-  FCC Approaches
-  The FCC Mindset
-  Core FCC Skills
-  Trauma-Informed Care

RESOURCES

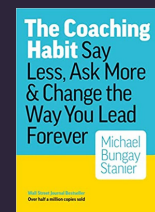
Book List



by Rasmus
Hougaard &
Jacqueline Carter




by Brene Brown




by Michael
Bungay Stanier

Resource Guides

FGLN FCC
Self-Care
Guides 

2022 FGLN
Back to
School
Resource
Guide 

FCC
Community
Resource
Guide 



Join us for our next PLC

meeting, Feb. 2nd!

 Register to join PLC.

SCAN ME